

## **Project SEEKS SES Stakeholder Meeting Recap**

August 4th, 2023

9:00 to 11:30 A.M.

- 1. Introductions
- 2. SEEKS SES Updates
  - Shannon Fagan shared further fiscal information, in regards to invoicing. Please contact Shannon (<u>shannon.fagan@aiu3.net</u>) if you have any questions regarding the preapproval and invoicing process.
- 3. University Partner Programming/Opportunities
  - University partners from the University of Pittsburgh and Chatham University shared further details about their Project SEEK SES plans. Please reach out to the contacts listed below to learn more about each project.
    - Dr. Christie Lewis (<u>clewis1@chatham.edu</u>) and Dr. Kristin Harty (<u>Kharty@chatham.edu</u>) presented some of <u>Chatham University's plans</u>.
      - Further info about Youth Mental Health First Aid training can be found on this flier.
    - Dr. Thomas Ralston (<u>tralston@pitt.edu</u>) presented some of the <u>University</u> of <u>Pittsburgh's plans</u>.
    - A video of the <u>University of Pittsburgh's Office of Child Development</u> was shown, detailing further plans. For further info, please contact Shannon Wanless (<u>swanless@pitt.edu</u>) or Dr. Shallegra Moye (<u>sdm76@pitt.edu</u>).
- 4. Teen Mental Health Collaborative- JHF Presentation/Vendor Fair
  - Deborah Murdoch (<u>murdoch@jhf.org</u>), a Senior Program Manager for the <u>Jewish Healthcare Foundation</u>, shared details about the Teen Mental Health Collaborative, which led into a vendor fair that featured Gwen's Girls, the Hugh Lane Wellness Foundation, Allegheny Family Network and Highmark Caring Place, among others. Please contact Ms. Murdoch for more information on the various opportunities and programming related to the collaborative.

## 5. Upcoming events

**Monthly Project SEEKS Community of Practice virtual meetings**: Beginning August 16th, 2023, we will be featuring monthly <u>community of practice meetings</u> to explore various topics related to Project SEEKS SES. Our goal is to share what we are learning from our project with all school districts and interested parties across the county. Please click the link above for details, including the monthly schedule and meeting link.

## September 18<sup>th</sup> – Educator Wellness Event

• During the Project SEEKS SES program start up, many of our schools identified teacher/staff wellness as an area of need. Based on these conversations, Project SEEKS SES, in conjunction with the AIU Training and Consultation Program, will be hosting a day long <a href="Educator Wellness Event">Educator Wellness Event</a> on September 18th at the AIU. This day will feature a discussion on secondary trauma and several strategies that can be used both personally and professionally for self- care, stress reduction and wellness. Registration will be limited and we will be sharing the link shortly. For the save the date flier, click above.

## 6. A note from Patrick Dowd, Acting Director of the Allegheny Health Department:

- Patrick Dowd, the Acting Director of the Allegheny County Health Department, could not be at the meeting, but expressed that he was very thankful for the hard work being done in Project SEEKS SES. In an email he said that "this work is central to that of the health department. Our <u>Plan for a Healthier Allegheny</u>.
   2023-2027 identifies the goals and potential strategies for improving public health in Allegheny County. Goal #5 is "People in Allegheny County will participate in programs and activities that support mental health and well-being." As part of this goal, we write:
  - 5.3 More children and teens have access at their schools to a social and emotional health curriculum or services.
  - 5.3.1. Develop and deploy by 2027 a standard for determining the number of schools and early learning providers that offer social and emotional health curricula or services.
  - 5.3.2. Decrease the proportion of teens who report depressive symptoms that interfere with their activity in the past year from 39% (2018) to 29% (2027).

This is central to the work of the school and that of the ACHD and we are grateful for all they are doing to advance this work."

The 2nd <u>Project SEEKS SES report</u> was submitted to the ACDH this past July.
This report includes a review of progress for year 1, partner school district logic models, a summary of the university plans and a listing of our current community partners.